



## East End House Volunteer Opportunities: Program-Based



We rely on volunteers to help us provide the highest quality services and create the most innovative and relevant programming we can. Opportunities are customizable for individuals and groups with varied interests, skills and schedules. Currently we are looking for volunteers to help in the following capacities:

### **SCHOOL AGE PROGRAM**

*Monday through Friday, 3:00 – 6:00 pm*

Assist group leaders with activities, tutor, help with homework and literacy, or run special workshops on STEM, art, computers, and more.

### **MIDDLE SCHOOL PROGRAM**

*Monday through Friday, 3:00 – 5:45 pm*

Tutor youth during homework time. Assist program staff with and/or facilitate special classes and workshops.

### **CHILD CARE PROGRAM**

*Monday through Friday, 8:30 am – 5:30 pm*

Assist teachers with classroom activities. Read, sing, play an instrument, arts and crafts, play games, or share a talent with toddlers and preschoolers.

### **YOUTH MENTORING PROGRAM**

*Two evenings (2 hrs each) per month & 2-4 Saturdays/year. Minimum 1 year.*

Primarily in a group setting, establish and foster a positive relationship with a middle or high school youth. Engage in fun activities and experiences with a mentee.

### **EMERGENCY FOOD PROGRAM**

*Food Pantry: Tuesdays 11:00 am – 2:00 pm & Fridays 9:00 am – 12:30 pm, Delivery/stocking: Thursdays 12:00-2:00 pm*

Greet consumers, help fill out forms, stock the food pantry, pack grocery bags, clean the pantry, unpack food deliveries, and take inventory.

### **FREE FARMERS MARKETS**

*Wednesdays, 11:30 am – 1:30 pm*

Bring fresh produce and canned foods to low-income housing complexes for seniors and people with disabilities. Transport food, set up markets, greet consumers, and distribute food. Multiple locations.

### **SUNRISE SENIOR ACTIVITY PROGRAM**

*Mondays and Wednesdays, 10:30 am – 12:00 pm*

Share a talent or skill with the group, lead an age-appropriate presentation, workshop or activity (e.g. arts & crafts, health & wellness, literature, cooking).

### **AFTER SCHOOL SCIENCE, TECHNOLOGY, ENGINEERING AND MATH (STEM) VOLUNTEERS:**

STEM volunteers are needed in all youth programs to generate and sustain interest in science and acquaint youth with science related careers. Volunteers help afterschool program staff by exposing young people to a broader range of topics and real-life applications of STEM subjects, provide youth with opportunities to develop relationships with caring adults, and provide greater hands-on support in the execution of the after school program curriculum.

# East End House Volunteer Opportunities: Event-Based

## **JANUARY: MLK, JR. DAY OF SERVICE**

On Martin Luther King Day, East End House joins with Many Helping Hands to serve the Cambridge community. A group meets at EEH and travels to Central Square, where hundreds of volunteers from all over the city join to perform tasks like assembling toiletry kits for the homeless, and making scarves and cards for our neighbors.

## **WINTER: ANNUAL ICE SKATING PARTY**

East End House invites the community to enjoy an evening of skating, friends and food at the Community Rink at Kendall Square. Volunteers help serve hot food and cocoa, distribute ice skates and accompany children on the rink! We are also always looking for sponsors to help cover the costs of food and supplies.

## **SPRING: EAST CAMBRIDGE CLEAN UP DAY**

East End House gathers friends and neighbors to beautify East Cambridge. Volunteers spread fresh mulch in local playgrounds, weed tree wells along the streets, plant flowers and more. Following the clean-up activities, everyone gathers for lunch.

## **SPRING: COOKING FOR A CAUSE**

Cooking for a Cause is East End House's annual fundraising gala, which attracts over 600 guests. The event gathers many of the area's top chefs, mixologists, and specialty vendors. Guests enjoy live music and silent and live auctions to make the event an enjoyable occasion for all. Volunteers can help with the loading dock, registration, auction logistics and more.

## **SUMMER: ANNUAL SUMMER BLOCK PARTY**

Every August, East End House holds a block party for its friends and neighbors. Free food, games, crafts for kids, and live music make for a festive atmosphere. Balloons, face painting, and tours of emergency vehicles make this event one not to miss! Volunteers can help with setup and clean up and run activity tables. We are also always looking for donations of food and materials.

## **AUGUST/SEPTEMBER: BACK-TO-SCHOOL DRIVE**

At the beginning of each school year, East End House makes sure children have the necessary school supplies and backpacks they need to start the year off right. Volunteers can collect supplies for the event and organize donations into backpacks.



*East End House's holiday programs provide a great way for individuals, families, community groups and corporations to give back during the holiday season.*

## **NOVEMBER: THANKSGIVING BASKET GIVEAWAY**

Hundreds of families benefit from this annual drive, which provides ingredients for a traditional Thanksgiving meal. This drive relies on significant volunteer contributions. Some volunteers organize their own food drives and bring donations to East End House. Others manage deliveries and sort food into bags for distribution. On the two days when food is offered to the public, volunteers greet people, help distribute food, clean the pantry, unpack food deliveries, and take inventory.

## **DECEMBER: HOLIDAY TOY DRIVE**

East End House's annual toy drive distributes holiday gifts, toiletries and warm clothing to families. There is also an adopt-a-family program for East End House's consumers, where a donor receives a wish list and shops for a specific family. Volunteers can adopt a family, donate gifts, or help set up and distribute gifts during the fair, at which families shop for items for their children.

