

Help Support the Cambridge Community!

VOLUNTEER AT THE EAST END HOUSE FOOD PANTRY

TIME COMMITMENT

Distribution: Tuesdays & Fridays from 11:30AM - 2:30PM

Stocking: Thursdays from 2:30PM - 4:30PM

HOW CAN YOU HELP?

Assist clients as they choose their own groceries from East End House's available fresh produce and non-perishable foods. Help make grocery bags for local families and seniors. Receive weekly deliveries and assist in stocking the pantry.

WEEKLY RESPONSIBILITIES MAY INCLUDE:

ORGANIZING AN INVENTORYING FOOD

SUPPORTING FOOD DELIVERIES

DISTRIBUTING FOOD & OTHER RESOURCES

CONTACT US TO LEARN MORE

Ryan: ryan@eastendhouse.org

[Find us on Boston Cares](#)

Call us at 617-876-4444

105 Spring St, Cambridge MA 02141



ADDITIONAL INFO

We **cannot** offer parking on-site. We are accessible via the **Red** and **Green** line at the **MIT/Kendall** and **Lechmere** stops respectively. There are also local garages and two-hour parking nearby for those who choose to drive.

We encourage all volunteers to wear comfortable, athletic attire and closed toe shoes.

This position requires volunteers to lift 20-40 lbs.



11:30AM – 1:00PM

Set-up/Organization

Volunteers set up and organize the pantry. Responsibilities include transferring non-perishable goods from the pantry, conducting produce inspections, setting up chairs and tables, receiving deliveries, etc.

1:00PM – 2:00PM

Distribution

Volunteers help distribute resources to clients.

2:00PM – 2:30PM

Clean-up/Breakdown

From 2:00pm – 2:30pm, volunteers break down the pantry and put all resources, chairs, tables, and recycling in their respective places.