



Senior Activities & Events | March 2024

DATE	EVENT	DESCRIPTION
3/4	Movie Viewing <i>Mamma Mia 2: Here We Go Again</i>	Here we go again! By popular request, we'll be watching "Mamma Mia 2," a romantic comedy movie taking place ten years after the original Mamma Mia. Join the celebration, sing and dance, and discover how it all began! Join us in the East End House Community Room from 10:00 a.m. to 12:00 p.m. for singing and fun!
3/6	Tai Chi <i>With Ellen DeGenova</i>	This class is suitable for all abilities and levels, with exercises tailored for each participant. This class will be from 11:00 a.m. to 12:00 p.m. in the East End House Community Room.
3/11	Bingo	Ready to win some awesome prizes? Join us in the East End House Community Room as we host a morning game of Bingo. The game will be held from 10:30 a.m. to 12:00 p.m.
3/13	Senior Spring Lunch and Party	In partnership with BioMed Realty, East End House is excited to host its 2nd annual Senior Spring Lunch & Party! This event will include a catered lunch, live music, raffle, and a brief speech from the Cambridge Police Department. This event is free of charge and is open to seniors (age 62+) who live in East Cambridge or who have received services from East End House. Transportation to and from the event will be provided by CambridgeSide, departing from East End House at 11:00 a.m and returning by 2:30 p.m. We are excited to see many of you again for this year's party! <u>Registration for this event is required.</u>
3/18	Community Resources and Brunch	Come listen to two presentations on community resources and learn how they can help you! Hear how the Cambridge Community Electricity Program can save you money each month on your electric bill. We will also have Cambridge Health Alliance presenting on Cambridge Healthy Smiles, a program promoting oral health and access to dental care. The presenters will be free to answer any questions you may have. We will also provide brunch, including sandwiches, fruit, pastries, and more! This event will be from 10:30 a.m. to 12:00 p.m. in the East End House Community Room.
3/20	Tai Chi <i>With Ellen DeGenova</i>	This class is suitable for all abilities and levels, with exercises tailored for each participant. This class will be from 11:00 a.m. to 12:00 p.m. in the East End House Community Room.
3/25	Trivia Game and Snacks <i>Movie Stars and Film</i>	How much do you know about movie stars, Hollywood, and film? Come and test your trivia knowledge while enjoying snacks and music! Participants will have a chance to win gift cards for the store of their choice. This event will be from 11:00 a.m. to 12:00 p.m. in the East End House Community Room.
3/27	Bingo	Ready to win some awesome prizes? Join us in the East End House Community Room as we host a morning game of Bingo. The game will be held from 10:30 a.m. to 12:00 p.m.



MAR 2024

Senior Activities & Events

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	1	2
3	4 Movie Viewing: <i>Mamma Mia 2</i>	5	6 Tai Chi <i>With Ellen DeGenova</i>	7	8	9
10	11 Bingo	12	13 Senior Spring Lunch and Party	14	15	16
17	18 Community Resources and Brunch	19	20 Tai Chi <i>With Ellen DeGenova</i>	21	22	23
24	25 Trivia and Snacks <i>Movie Stars and Film</i>	26	27 Bingo	28	29	30