



## Senior Activities & Events | April 2024

DATE	EVENT	DESCRIPTION
4/1	<b>Movie Viewing and Snacks</b> <i>Dirty Dancing</i>	Baby (Jennifer Grey) is bored at a sleepy resort in the Catskills with her parents. Her luck turns around, however, when the resort's dance instructor, Johnny (Patrick Swayze), enlists Baby as his new partner, and the two fall in love. Join us in the East End House Community Room from 10:00 a.m. to 12:00 p.m. for singing, snacks, and fun!
4/3	<b>Tai Chi Spring Fling</b> <i>With Ellen DeGenova</i>	This class is suitable for all abilities and levels, with exercises tailored for each participant. This class will be from 11:00 a.m. to 12:30 p.m. in the East End House Community Room, ending with a Spring Fling celebration with coffee and treats!
4/8	<b>Dish &amp; Dine Together: Recipe Share for East End House Cookbook</b>	Come share your favorite recipe with other seniors at East End House in our Community Room from 10:30 a.m. to 12:00 p.m.! Bring your favorite foods and a written copy of the recipe to share - savory or sweet, it's up to you! <b>Please note, East End House is a NUT FREE zone, including coconut.</b> We'll be collecting these recipes to add to an East End House cookbook. You'll also have the chance to create drawings for the book as well!
4/10	<b>Bingo</b>	Ready to win some awesome prizes? Join us in the East End House Community Room as we host a morning game of Bingo. The game will be held from 10:30 a.m. to 12:00 p.m.
4/15	<b>Trivia Game and Snacks:</b> <i>Literature</i>	How much do you know about books, writers, and poetry? Come and test your trivia knowledge while enjoying snacks and music! Participants will have a chance to win gift cards to the store of their choice. This event will be from 11:00 a.m. to 12:00 p.m. in the East End House Community Room.
4/17	<b>Tai Chi</b> <i>With Ellen DeGenova</i>	This class is suitable for all abilities and levels, with exercises tailored for each participant. <b><u>This class will be from 12:00 p.m. to 1:00 p.m. in the East End House Community Room.</u></b>
4/22	<b>Trip to the Isabella Stewart Gardner Museum</b>	Back by popular demand, join us for another tour of the beautiful Isabella Stewart Gardner Museum! Come learn about the history of the building and the art and see the beautiful flowers adorning the courtyard in celebration of Isabella's birthday. Shuttles to and from the museum will be departing East End House at 12:15 p.m. and will be returning by 3:00 p.m! <b><u>Registration for this event is required.</u></b>
4/24	<b>Bingo</b>	Ready to win some awesome prizes? Join us in the East End House Community Room as we host a morning game of Bingo. The game will be held from 10:30 a.m. to 12:00 p.m.
4/25	<b>Walking Club</b>	Come join us for the first walk of 2024! We'll be leaving from East End House at 10:30 a.m. and will walk approximately one mile, with frequent stops to rest. Refreshments will be provided at our last stop, the Urban Park Rooftop Garden!
4/29	<b>Senior Collage Art Piece and Snacks</b>	Join us in the East End House Community Room from 10:30 a.m. to 12:00 p.m. and help make an art collage of East End House seniors! You can arrange photos, make art for the border, paint in the letters- it's up to you. This art piece will be added to the walls of East End House and show all our memories from the past year!



# APR 2024

## Senior Activities & Events

SUN	MON	TUE	WED	THU	FRI	SAT
31	<b>1</b> Movie Viewing and Snacks: <i>Dirty Dancing</i>	2	<b>3</b> Tai Chi Spring Fling <i>With Ellen DeGenova</i>	4	5	6
7	<b>8</b> Dish & Dine Together: Recipe Share for East End House Cookbook <i>(no nuts or coconut)</i>	9	<b>10</b> Bingo	11	12	13
14	<b>15</b> Trivia and Snacks: <i>Literature</i>	16	<b>17</b> Tai Chi <i>With Ellen DeGenova</i> (please note time change)	18	19	20
21	<b>22</b> Isabella Stewart Gardner	23	<b>24</b> Bingo	<b>25</b> Walking Club: <i>Urban Park Rooftop Garden</i>	26	27
28	<b>29</b> Senior Art Collage Piece and Snacks	30	1	2	3	4