



Senior Activities & Events | November 2024

| DATE | EVENT | DESCRIPTION |
|---------------------|--|---|
| 11/4 | Bingo | Ready to win some awesome prizes? Join us in the East End House Community Room from 10:30 a.m. to 12:00 p.m. for Bingo! |
| 11/6 | Tai Chi <i>With Ellen DeGenova</i> | This class is suitable for all abilities and levels, with exercises tailored for each participant. This class will be from 11:00 a.m. to 12:00 p.m. in the East End House Community Room. |
| 11/11 | East End House Closed | There are no Senior Activities today, as East End House is closed for the holiday! |
| 11/13 | Trivia Game and Snacks: <i>Art and Painting</i> | How much do you know about art and painting? Come and test your trivia knowledge while enjoying snacks! Participants will have a chance to win gift cards for groceries, restaurants, or to a local store. This event will be from 11:00 a.m. to 12:00 p.m. in the East End House Community Room. |
| 11/18 | Game Day and Snacks | Join us in the East End House Community Room between 10:30 a.m. to 12:00 p.m. for a variety of card and board games and puzzles, as well as snacks! |
| 11/20 | Lunch at Bocelli's in Medford | Join us for lunch at Bocelli's in Medford! This Italian restaurant serves pizzas, pastas, salads, and more! The trip will include transportation to and from the restaurant, but <i>will not</i> cover the cost of the meal. We will be departing East End House at 11:40 a.m. and will be returning by 2:00 p.m. <u>Registration for this event is required.</u> <u>Please bring money to cover your bill. We recommend reviewing the menu and prices before the event. Most food items range between \$10 and \$20.</u> |
| 11/25 - 11/27 | No Senior Events - Thanksgiving Basket Giveaway | There are no Senior Activities this week, as East End House will be running our annual Thanksgiving Basket Giveaway! If you're interested in receiving a Thanksgiving bag this year, please speak to Alexa Diehl during senior activities or email her at alexadiehl@eastendhouse.org . If you're interested in helping with the event or donating, please email Ryan Montbleau at ryan@eastendhouse.org . You can also reach Alexa and Ryan at 617-876-4444. |



NOV 2024

Senior Activities & Events

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|--|-----|--|-----|-----|-----|
| 27 | 28 | 29 | 30 | 31 | 1 | 2 |
| 3 | 4 Bingo | 5 | 6 Tai Chi <i>With Ellen DeGenova</i> | 7 | 8 | 9 |
| 10 | 11 No Senior Activities- East End House Closed for Holiday | 12 | 13 Trivia and Snacks: <i>Art and Painting</i> | 14 | 15 | 16 |
| 17 | 18 Game Day and Snacks | 19 | 20 Lunch at Bocelli's in Medford | 21 | 22 | 23 |
| 24 | 25 Closed for Thanksgiving Basket Giveaway | 26 | 27 Closed for Thanksgiving Basket Giveaway | 28 | 29 | 30 |