



## Senior Activities & Events | March 2025

DATE	EVENT	DESCRIPTION
3/3	<b>Bingo</b>	Ready to win some awesome prizes? Join us in the East End House Community Room from 10:30 a.m. to 12:00 p.m. for Bingo!
3/5	<b>Game Day and Snacks</b>	Join us in the East End House Community Room between 10:00 a.m. to 12:00 p.m. for card and board games, as well as snacks!
3/10	<b>East Cambridge Past &amp; Present</b> with East Cambridge Business Association & City of Cambridge	We are thrilled to invite you to join us in conversation to share about the rich history and vibrant culture of Cambridge Street. As part of our ongoing efforts to honor the contributions of small businesses and community members, we are excited to bring everyone together for a day of reflection and celebration. This event will be held at <b>First Street Market at 59 First St, Cambridge, MA 02141</b> from <b>11:30 a.m. to 1:30 p.m.</b> and will also include a catered lunch from Amba Cambridge. <b>What to Expect:</b> <ul style="list-style-type: none"> <li>• Historical Insights: Learn about the fascinating history of Cambridge Street and its diverse community.</li> <li>• Make your own marker: create a historical marker that highlights the area's cultural and economic tapestry.</li> <li>• Community Engagement: Record your personal stories that celebrate the diverse heritage of East Cambridge businesses.</li> </ul>
3/12	<b>Tai Chi</b> With Ellen DeGenova	Suitable for all abilities and levels, with exercises tailored for each participant! Join us from 11:00 a.m.-12:00 p.m. in the East End House Community Room.
3/17	<b>Bingo</b>	Ready to win some awesome prizes? Join us in the East End House Community Room from 10:30 a.m. to 12:00 p.m. for Bingo!
3/19	<b>Movie Viewing &amp; Cardz for Kidz</b> Big	Join us for a movie and crafts at <b>First Street Market at 59 First St, Cambridge, MA 02141!</b> We'll be watching "Big", a family comedy film where a wish turns 12-year-old Josh Baskin into a 30-year-old man, featuring Tom Hanks. You'll also have the chance to make heartwarming and supportive cards for Cardz for Kidz, a nonprofit that supports pediatric patients, as well as seniors, veterans, and others in need! Join us at the First Street Market from 10:30 a.m. to 1:00 p.m. for fun and crafting!
3/20	<b>Cooking Class with Cambridge Health Alliance</b>	Come join us for an interactive cooking class <b>at the Foundry</b> to cook Greek cuisine, led by Cambridge Health Alliance! The first class will be <b>11:00 to 1:15 p.m.</b> and the second class is <b>1:45 to 4:00 p.m.</b> You'll have a chance to cook two dishes, as well as learn nutritional information and interesting facts. At the end of class, you'll be able to enjoy the food you've created! <b>This event requires registration and is limited to 10 participants for each class.</b>
3/24	<b>Trivia Game and Snacks:</b> Memories from the Seventies	How much do you remember about the seventies and the events of the decade? Come test your trivia knowledge while enjoying lunch! Participants will have a chance to select our lunch for the next trivia. This event will be from 11:00 a.m. to 12:00 p.m. in the East End House Community Room.
3/26	<b>Tai Chi</b> With Ellen DeGenova	Suitable for all abilities and levels, with exercises tailored for each participant! Join us from 11:00 a.m.-12:00 p.m. in the East End House Community Room.
3/31	<b>Senior Spring Lunch &amp; Party with BioMed</b>	In partnership with BioMed Realty, East End House is excited to host its 3rd annual Senior Spring Lunch & Party! This event will include a catered lunch, raffle, and music. This event is free of charge and is open to seniors (age 62+) who live in East Cambridge or who have received services from East End House. Transportation to and from the event will be provided by CambridgeSide, departing from East End House at <b>11:00 a.m and returning by 2:30 p.m.</b> The lunch and event itself is <b>11:30 a.m. to 2:00 p.m.</b> We are excited to see many of you again for this year's party! <b>Registration for this event is required.</b>



# MAR 2025

## Senior Activities & Events

SUN	MON	TUE	WED	THU	FRI	SAT
2	3 Bingo	4	5 Game Day and Snacks	6	7	8
9	10 East Cambridge Past & Present with East Cambridge Business Association & City of Cambridge  *At First Street Market	11	12 Tai Chi <i>With Ellen DeGenova</i>	13	14	15
16	17 Bingo	18	19 Movie Viewing & Cardz for Kidz <i>Big</i>  *At First Street Market	20 Cooking Class with Cambridge Health Alliance  *At The Foundry	21	22
23	24 Trivia and Snacks: <i>Memories from the Seventies</i>	25	26 Tai Chi <i>With Ellen DeGenova</i>	27	28	29
30	31 Senior Spring Lunch & Party with BioMed	1	2	3	4	5