



Senior Activities & Events | April 2025

DATE	Event	DESCRIPTION				
4/2	Bingo	Ready to win some awesome prizes? Join us in the East End House Community Room from 10:30 a.m. to 12:00 p.m. for Bingo, and feel free to bring your own snacks, provided they are coconut and nut-free!				
4/7	Trivia Game: Cartoons and Animation	How much do you know about cartoons and animation? Come test your trivia knowledge while enjoying lunch! Participants will have a chance to select our lunch for the next trivia. This event will be from 11:00 a.m. to 12:00 p.m. in the East End House Community Room.				
4/9	Tai Chi With Ellen DeGenova	Suitable for all abilities and levels, with exercises tailored for each participant! Join us from 11:00 a.m12:00 p.m. in the East End House Community Room.				
4/14	Bowling at Sacco's Bowl Haven	Join us at Sacco's Bowl Haven for some fun bowling! We'll have lanes reserved for seniors from <u>11 a.m. to 12:30 p.m.</u> , <u>but we recommend coming 10 minutes before so you can get your bowling shoes</u> . This event is free for all participants, but please bring cash if you would like to purchase any food. IMPORTANT: please note there is no transportation for this trip. There is a metered parking lot across the street, as well as street parking. The address is 45 Day St, Somerville, MA 02144, right near Davis Square. It can be easily reached on the 87 or 88 bus, or on the Red Line. If you have any questions, please email Alexa at alexadiehl@eastendhouse.org! Registration for this event is required. All attendees are encouraged to meet at Sacco's. If you prefer to travel with a group, we will be leaving East End House at 10:15 a.m. and taking public transportation.				
4/16	Tai Chi With Ellen DeGenova	Suitable for all abilities and levels, with exercises tailored for each participant! Join us from 11:00 a.m12:00 p.m. in the East End House Community Room.				
4/21	East End House Closed	There are no Senior Activities today, as East End House is closed for the holidays!				
4/23	Game Day and Snacks	Join us at the <u>First Street Market at 59 First St</u> from 10:30 a.m. to 1 p.m. for cards, board games, and puzzles, and feel free to bring your own snacks!				
4/28	Bingo	Ready to win some awesome prizes? Join us in the East End House Community Room from 10:30 a.m. to 12:00 p.m. for Bingo, and feel free to bring your own snacks, provided they are coconut and nut-free!				
4/30	Lunch with History Cambridge	We are thrilled to invite you to join us in conversation to share about the rich history and vibrant culture of East Cambridge, in an ongoing year-long partnership with History Cambridge. This lunch will be an introduction to some of the various projects we'll have going on in 2025 to capture the stories of East Cambridge and East End House! Join us from 12:00 p.m1:30 p.m. in the East End House Community Room.				

Important note: Although our Senior Walking Club usually resumes in late April, this year it will resume in early May. Please email Alexa at alexadiehl@eastendhouse.org if you have any questions!





Senior Activities & Events

SUN	MON	TUE	WED	тни	FRI	SAT
30	31	1	2 Bingo	3	4	5
6	7 Trivia Game: Cartoons and Animation	8	9 Tai Chi With Ellen DeGenova	10	11	12
13	14 Bowling at Sacco's	15	16 Tai Chi With Ellen DeGenova	17	18	19
20	21 No Senior Activities- East End House Closed for Holiday	22	23 Game Day and Snacks *At First Street Market	24	25	26
27	28 Bingo	29	30 Lunch with History Cambridge	1	2	3

